

Sedation/Anesthetic Preparation and Post Procedure Instructions

- **DO NOT HAVE ANY food or drink for 8 HOURS prior to your appointment**
 - Failure to do so will result in cancellation of your appointment
- **You need to be taken home by someone by car or taxi**
- **You must be accompanied by a responsible adult for 24 hours while you are recovering**
- **You cannot drive a vehicle, operate hazardous machinery, sign important documents or consume alcohol for 24 hours, or longer if drowsiness or dizziness persists**
- **Unless otherwise specified by your doctor, please take any regular medications with a small sip of water only**
 - If you have questions regarding your medications, do not hesitate to call
- Minors must be accompanied by parent or legal guardian
- Please wear clothing with short sleeves (e.g. T-shirt)
- Please remove any nail polish prior to appointment
- For patients wearing contact lenses, please wear your prescription glasses

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